

# SPOTS

## Support for Parents Of Teen'S

Does raising a teen/ tween, or just the thought of it, make you see spots? Well you're not alone! Raising a teenager can be intimidating for anyone, add the isolation of living on an island and what do you get? A support group made up of people just like you who desire to raise their teenagers without just burring their head in the sand and hope they survive. In our conversations we can explore our habitual reactions and notice what our buttons are. We can laugh with each other or cry over our stumbling blocks. We can highlight what is unique in our children and what they need from us. Most of all we will together look to God who has raised more teenagers that we can count for ultimate guidance.

As a parent of a teenager and twin tweens, I feel deep respect for how each parent tries hard to be the best parent he or she can be. I have personally experienced how the support of others at this particular stage in the journey of parenting brings incredible help. I hope you will join us and find the same support.

**We will meet the 1<sup>st</sup> Monday of every month  
7:00p.m. at the Chapel youth Bld. Next to the Shogun Inn  
The book we will be using is "Parenting Today's Adolescence"  
Suggested donation for the book is \$10**

To get to the Chapel Youth Building from gate 2 take a Left on Beeson it will be on your left after the Shogun Inn.

It says Chapel Youth Building on it.

If you have any questions feel free to call or e-mail me Toni Hanson at [mikehansonw@msn.com](mailto:mikehansonw@msn.com) 646-3333.